



# 2010 Volusia County Beach Patrol Junior Lifeguard Program



The Volusia County Beach Patrol Junior Lifeguard program is an extension of the services provided by lifeguard agencies affiliated with United States Lifesaving Association. Participants learn about beach safety in a fun and challenging atmosphere. With professional lifeguards as instructors, the Junior Lifeguard summer programs teach water safety, first aid techniques, build self-confidence and help prepare interested youths for work as lifeguards.

To participate, youths must be between 9 - 15 years of age and meet the swim requirements at one of the upcoming tryouts. Selected youths then can attend the junior lifeguard camps held weekly beginning in June.

### Requirements

Swim 100 yards in 2 minutes and 15 seconds  
Tread water for 5 minutes  
Swim underwater for 10 feet

### Tryouts

**9 a.m. – 12 p.m. Saturday, May 1**

Ormond Beach YMCA  
51 Center St.

**2 - 4 p.m. Saturday, May 1**

Southeast Volusia YMCA  
148 W. Turgot Ave., Edgewater

**9 a.m. – 12 p.m. Saturday, May 8**

Port Orange YMCA  
4701 City Center Parkway

**2 - 4 p.m. Saturday, May 8**

Deltona YMCA  
280 Wolf Pack Run

**9 a.m. – 12 p.m. Saturday, May 15**

Ormond Beach YMCA  
51 Center St.

**2 - 4 p.m. Saturday, May 15**

DeLand YMCA  
761 International Speedway Blvd.

**9 a.m. – 12 p.m. Saturday, May 22**

Port Orange YMCA  
4701 City Center Parkway

**2 - 4 p.m. Saturday, May 22**

Ormond Beach YMCA

### Camps

9 a.m. - 2 p.m. Monday through Friday  
Students can be dropped off between 8 - 9 a.m.

**Ormond Beach Lifeguard Station**

**June 14-18**

**Dunlawton Lifeguard Station**

**June 21-25**

**New Smyrna Lifeguard Station**

**June 28 – July 2**

**Ormond Beach Lifeguard Station**

**July 5 - 9**

**Dunlawton Lifeguard Station**

**July 12 – 16**

**Eligibility:** Be between 9 - 15 years of age

**Tuition:** \$125.00 First Session (includes uniform)

\$100.00 Additional session (limit 1)

### REGISTRATION:

**Volusia County Beach Services**

515 South Atlantic Ave.  
Daytona Beach, FL 32118

Phone: (386) 239-6414, ext. 270

E-mail: [jlifeguard@co.volusia.fl.us](mailto:jlifeguard@co.volusia.fl.us)

**REGISTRATION BEGINS WEDNESDAY,  
MAY 5<sup>TH</sup>:**

**Sunday – Tuesday – CLOSED**

**Wednesday – 12 p.m. – 5 p.m.**

**Thursday – Saturday – 9 a.m. – 5 p.m.**

**This is not a “learn to swim” program. Swimming skills are a must!!**