



## **PERSONNEL DIVISION**

*An Equal Opportunity Employer*

### **Urgent Care Centers vs. Hospital Emergency Rooms**

The emergency room should be used for emergencies only. Going to an emergency room, instead of an urgent care center, for non-emergency medical conditions can cost you more money in copays and/or coinsurances!

#### **EMERGENCY ROOM**

\$65 Copay

**Average Plan Cost for Emergency Room visit: \$2,261.37**

#### **URGENT CARE CENTER**

\$50 Copay

**Average Plan Cost for Urgent Care visit: \$196.67**

***What facility should I use, an Emergency Room or an Urgent Care Center?***

***See next page for help with this question.***

**Please see attached list of Urgent Care Centers.**

### ***IS IT AN EMERGENCY?***

If you, your spouse or child, get sick or injured, your first instinct is to go to the emergency room right away or call 911. These are good instincts, in an emergency, but many people use the emergency room when it is not an actual emergency.

#### **What is considered an emergency?**

In general, an emergency condition is one that can permanently impair or endanger the life of an individual. Some examples of conditions that require emergency medical care include:

- Severe chest pain or pressure
- Uncontrolled bleeding
- Coughing or vomiting blood

- Difficulty breathing or shortness of breath
- Sudden dizziness, weakness, or change of vision
- Severe or persistent vomiting or diarrhea
- Changes in mental status, such as confusion

### **What is considered an urgent medical condition?**

Urgent medical conditions are ones that are not considered emergencies, but still require care within 24 hours. Some examples of such conditions include:

- Sprains and strains
- Moderate back problems
- Mild to moderate asthma attacks
- Bleeding/cuts -- not bleeding a lot but requiring stitches
- Eye irritation and redness
- Mild to moderate vomiting
- Fever or flu
- Severe sore throat or cough
- Skin rashes and infections
- Urinary tract infections



**Please see attached list of  
Urgent Care Centers**

### **ESTABLISHING A RELATIONSHIP WITH A PRIMARY CARE PHYSICIAN IS IMPORTANT!**

Neither the Emergency Rooms nor the Urgent Care Centers are considered alternatives to having regular medical care from a primary care physician.

### **DIAL 911 IMMEDIATELY FOR ANY MEDICAL PROBLEM THAT APPEARS TO BE LIFE-THREATENING!**

If you have any questions about Urgent Care Centers, please contact Dave Merrill, HR Benefits Manager, at (386) 736-5951.

# **Urgent Care Centers**

## **In-Network Providers**

Revised: January 20, 2016

### **Florida Memorial Health Network - Tier 1 In-Network**

#### ***Volusia and Flagler Counties***

Florida Memorial Website: <http://fmhn.org/search.php>

Florida Memorial Customer Service: (386) 231-4398 or (888) 839-7430

#### **MediQuick Urgent Care Centers, Inc.**

6 Office Park Dr.

Palm Coast, FL 32137

(386) 447-6615

Mon-Fri: 8:00 am to 8:00 pm

Sat: 8:00 am to 6:00 pm

Sun & Holidays: 10:00 am to 5:00 pm

<http://www.mediquickfl.com/>

#### **CentraCare**

1208 Dulawton Ave.

Port Orange, FL 32127

(386) 304-7320

1014 W International Speedway Blvd

Daytona Beach, FL 32114

(386) 872-5044

1270 Palm Coast Parkway NW

Palm Coast, FL 32137

(386) 25-4631

Mon - Fri: 8:00 am to 8:00 pm

Sat & Sun: 8:00 am to 5:00 pm

<https://centracare.org/florida/volusiacounty/>.

#### **Palm Harbor Family Practice**

9 Pine Cone Dr., Suite 102A

Palm Coast, FL 32137

(386) 455-6191

Mon - Fri: 8:00 am to 8:00 pm

Sat: 8:00 am to 6:00 pm

Sun & Holidays: 8:00 am to 4:00 pm

<http://www.palmcoasturgentcare.com/>

#### **PrimeCare at Twin Lakes**

1890 LPGA Blvd., Ste 130

Daytona Beach, FL 32117

(386) 274-2212

Mon - Fri - 8:00 am to 8:00 pm

Sat - 8:00 am to 5:00 pm

Sun & Holidays - 10:00 am to 5:00 pm

<http://www.primecaremd.org/locations/twin-lakes/>

#### **Florida Hospital Flagler Family Medical (Prompt Care)**

120 Cypress Edge, Suite 102

Palm Coast, FL 32164

(386) 586-4280

Mon - Fri: 7:00 am to 7:00 pm

Sat & Sun: 8:00 am to 4:00 pm

<https://www.floridahospital.com/flagler>

#### **Twilight Express (Pediatrics Only)**

After Hour Minor Illness Center

2505 Junior Street

Orange City, FL 32763

(386) 960-8197

Mon - Fri: 5:00 pm to 9:00 pm

Sat, Sun, & Holidays: noon to 9:00 pm

<http://lmpeds.com/locations/orange-city-station/>

## **Florida Memorial Expanded Network - Tier 1 In-Network**

### ***Lake, Orange, Osceola, and Seminole Counties***

Expanded Network Website: <http://fmhn.org/search.php>

Expanded Network Customer Service: (386) 231-4398 or (888) 839-7430

**CentraCare - Urgent Care Centers Website:** <https://centracare.org/locations/orlando/>

Hours: (Sat & Sun - 8:00 am to 5:00 pm) & (Mon thru Fri - 8:00 am to 8:00 pm)

#### **Orange County**

**Azelea Park**, 509 S. Semoran Blvd., Orlando, Orange, 32807, 407-277-0550

**Colonial Town**, 630 N. Bumby Ave., Orlando, Orange, 32803, 407-896-3521

**Conway**, 5810 S. Semoran Blvd., Orlando, Orange, 32822, 407-207-0601

**Dr. Philips**, 8014 Conroy Windermere Rd., Ste 104, Orlando, Orange, 32835, 407-291-8975

**Lake Buena Vista**, 12500 S. Apopka Vineland Rd., Orlando, Orange, 32836, 407-934-2273

**Lee Road**, 2540 Lee Rd., Winter Park, Orange, 32789, 407-629-9281

**Sand Lake**, 2310 Sand Lake Rd., Orlando, Orange, 32809, 407-851-6478

**South Orange**, 2609 S. Orange Ave., Orlando, Orange, 32806, 407-203-0656

**Waterford Lakes**, 250 N. Alafaya Tr., Ste 135, Orlando, Orange, 32825, 407-381-4810

**Winter Garden Village**, 3005 Daniels Rd., Winter Garden, Orange, 34787, 407-654-4965

#### **Lake County**

**Clermont**, 15701 State Road 50, Ste 101, Clermont, Lake, 34711, 352-394-7757

**Mount Dora**, 19015 US Hwy 441, Mount Dora, Lake, 32757, 352-383-6479

#### **Osceola County**

**Hunter's Creek**, 3293 Greenwald Way, North Kissimmee, Osceola, 34741, 407-847-2796

**Kissimmee**, 4320 W. Vine St., Kissimmee, Osceola, 34746, 407-390-1888

**Orange Lake**, 8201 W. Irlo Bronson Memorial Hwy., Kissimmee, Osceola, 34747, 407-465-0843

**Winter Park**, 3099 Aloma Ave., Winter Park, Seminole, 32792, 407-677-0961

#### **Seminole County**

**Altamonte Springs**, 440 W. Hwy 436, Altamonte Springs, Seminole, 32714, 407-788-2000

**Longwood**, 855 S. US Hwy 17-92, Longwood, Seminole, 32750, 407-699-8400

**Oviedo**, 8010 Red Bug Rd., Oviedo, Seminole, 32765, 407-200-2512

**Sanford**, 4451 W. 1st St., Sanford, Seminole, 32771, 407-330-3412

**University**, 11550 University Blvd., Orlando, Seminole, 32826, 407-384-0080

## **Volusia Health Network - Tier 1 In-Network**

### ***Volusia and Flagler Counties***

Website: <http://www.myvhn.com/provider-search-pdf>

Customer Service: (386) 425-4846, Option 3 for Provider Relations Department

#### **Quick Care Medical of Deland**

650 W. Plymouth Avenue

Deland, FL 32720

(386) 873-4771

Mon - Fri: 9:00 am to 6:00 pm

Sat -Sun: closed <http://www.yelp.com/biz/deland-quick-care-urgent-medical-care-clinic-deland>

#### **Adult after Hours Walk-in Clinic FHCP**

2777 Enterprise Rd.

Orange City, FL 32763

(386) 774-2550

Mon - Fri: 7:00 am to 7:00 pm

Sat: 8:00 am to 12:00 pm

Sun: closed

Patients 2 years & older

<http://www.fhcp.com/>

#### **Halifax Health-Women's Care Now**

325 Clyde Morris Blvd. Suite 390

Ormond Beach, FL

(386) 425-4450

Mon - Thurs: 9:00 am to 5:30 pm

Fri: 8:00 am to 12:00 pm

<http://www.halifaxhealth.org/womens-care-now?hcmacid=a0VG000000lcN34>

#### **Community Medical Ctr. of West Volusia, PA (Walk-in Clinic)**

1190 North Stone St

DeLand, FL 32720

(386) 738-1792

Mon, Wed, & Fri: 1:30 pm to 4:00 pm

Tues & Thurs: 8:30 am to 11:00 am

<http://www.cmcwv.com/>

#### **Halifax Health Care Now (Walk in Clinic)**

775 West Granada Blvd.

Ormond Beach, FL 32174

(386) 425 4460

Mon - Fri: 9:00 am to 6:00 pm

Sat -Sun: closed

<http://www.halifaxhealth.org/carenow>

#### **Halifax Health Care Now (Walk in Clinic)**

2090 Saxton Blvd.

Deltona, FL 32725

(386) 425 3300

Mon - Fri: 9:00 a.m. to 6:00 p.m.

Sat - Sun: closed

<http://www.halifaxhealth.org/carenow>

#### **Jena Medical Family Practice**

926 Saxon Blvd.

Orange City, FL 32763

(386) 774-1881

Mon - Fri: 8 am to 5 pm

Sat - Sun: closed

<http://www.doctor-orange-city.com/>

#### **Twilight Pediatrics**

1688 W. Granada Blvd

Ormond Beach, FL 32174

(386) 615-4414

After Hours Care & when PCP is unavailable. Call for availability of hours prior to your visit.

Mon - Fri: 5:00 pm to 10:00 pm

Sat & Sun: 10:00 am to 6:00 pm

Closed Holidays

Newborn to 21 years

<http://www.twilightpediatrics.com/>

#### **Pediatric Unscheduled Care Walk-in Clinic**

#### **Patient Aligned Primary Care Center**

(\*Anita Mathur\*)  
999 S Volusia Ave., Ste., B  
Orange City, FL 32763  
(386) 774-7337 No website.  
Mon - Fri: 9:00 am to 5:00 pm

(After hours only)  
909 Big Tree Rd  
South Daytona, FL 32119  
(386) 256-3526 or (386) 506-8910  
No website.

**Bhupendra P. Patel, M.D. (Walk-in Clinic)**

925 N. Stone St.  
DeLand, FL 32720  
(386) 734-6007  
Mon – Fri: 9 am to noon  
Mon – Fri: 2:00 pm to 4:00 pm  
No website.