### Disaster Supplies and Preparedness

**Emergency Contacts**

**Do you have mosquito repellant with DEET?**

**Trim trees and clear 30’ of space around your home for wildfire protection.**

**Involve children in disaster planning and current information.**

#### Family

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**Family e-mail addresses:**

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#### Nearest Relative

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**Relative e-mail addresses:**

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#### Local Contact

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**Local contact e-mail addresses:**

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#### Out of State Contact

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**Out of state contact e-mail addresses:**

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#### Physicians and Pharmacy

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**Physicians e-mail addresses:**

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**Pharmacy e-mail addresses:**

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**Volusia County Emergency Management**

[volusia.org/emergency](http://volusia.org/emergency)  
Citizens Information Hotline (CIC)  
(activated only during a disaster)  
866-345-0345  
TDD 386-248-1792
### Disaster Supplies Checklist

Have a 5 - 7 day supply of water, non-perishable food, medication and other necessary items per person and per pet. To calculate the amount of water and food, remember:

- **1-2 gallons of potable water per day, per person**
- **½ - 1 gallon of water per day, per pet**
- **3 meals per day, per person**
- **store water for non-potable uses in clean tubs or other suitable containers**

Below are suggested food items. Selections should be based on family needs and preferences. When possible, choose low-salt, water-packed varieties.

#### Food/drink items
- bottle/canned/powdered drinks
- bottled water
- bread
- canned fruits
- canned meats
- canned vegetables
- cereal
- crackers
- granola bars
- infant food and formula
- jelly
- peanut butter
- shelf-stable milk
- sugar or sweetener

#### Personal items
- baby bottles
- cash/coins
- clothes (extra)
- comb
- denture care
- diapers
- eyeglasses (extra pair)
- feminine hygiene products
- hearing aid batteries
- medications
- paper towels
- saline solution/contact lens case
- sewing kit
- shaving supplies
- soap
- toothbrush/toothpaste
- vitamins
- wet wipes

#### First aid supplies
- anti-diarrhea medicine
- aspirin/acetaminophen
- assorted adhesive bandages
- compresses
- cotton balls
- first aid tape
- insect repellant
- ipecac syrup and activated charcoal (for accidental poison)
- ointment (for cuts/insect bites)
- peroxide
- Q-tips
- rolls of gauze/bandages
- rubbing alcohol
- scissors
- sunscreen
- thermometer
- tweezers
- two pairs of latex gloves
- water purification tablets

#### Other necessary items
- ABC fire extinguisher
- all-purpose cleaner/disinfectant
- aluminum foil
- battery-powered lighting with extra batteries
- broom
- bucket
- bungee cords
- camera with batteries with film or video tape
- cash (bills and change)
- cellphone and car-charger
- chlorinated bleach
- crowbar
- disposable dishware/utensils
- dust masks
- Fix-a-Flat for punctured tires
- flashlight with batteries
- GPS device
- hammer
- heavy work gloves
- ice chest
- large plastic food bags
- light-weight, portable folding cots
- manual can opener
- map or atlas
- masking and/or reflective tape
- mop
- nails
- napkins or paper towels
- NOAA weather/AM/FM radio with an alarm feature and batteries
- non-electric clock
- pillows
- plastic safety goggles
- plastic sheeting
- plastic wrap
- pliers
- plywood
- safety pins, assorted
- screwdriver
- screws
- sleeping bags or blankets
- time-occupiers such as books, magazines, games, cards
- toilet paper
- towels
- utility knife
- vice grips
- wash cloths
- waterproof, portable plastic container (with lid) for important papers
- whistle
Disaster Preparedness Tips

- Make a family plan and practice hurricane, tornado and fire drills at home.
- Arrange for a relative, friend or neighbor to help your children if you are at work.
- Make a plan to check on a neighbor who might need help in an emergency.
- Have maps outlined for primary and alternate routes to travel during an evacuation.
- Notify friends, family or caregivers when you are leaving and where you will be.
- Know where county shelters are (as a last resort) and Votran telephone numbers in case you need public transportation.
- Take a first aid/CPR class.
- Make a plan for your pets. Board them with friends, family or a kennel if they cannot evacuate with you.
- Make sure your pet has current rabies tag, license, identification tag, vaccination information and medicines.
- Take your pet’s carrier, collar and leash, food and water bowls, bedding and play toys.
- Join your neighborhood safety organization.
- Find out about your workplace and child’s day care disaster plan.
- Establish a contact person out of the affected area to call in case of emergency.
- Take pictures/video inside and outside of your home for insurance purposes. Store the pictures/video and important papers in a container in a safe place.
- Check your home for hazards.
- Install and/or test your smoke detectors.
- Brace shelves and cabinets.
- Tie water heater to wall studs using plumber’s tape.
- Purchase an emergency escape ladder for second-story bedrooms.
- Take your family on a field trip to the gas and/or water meter shut-offs, and attach a wrench near them.
- Go on a hunt with your family to find a pay phone near your home. Pay phones are usually located at all of the libraries, the Ocean Center, County Courthouses and jails.
- Prepare a “go-pack” in case of an evacuation. Place important papers, change of clothes, contact information, medications, etc. in a back pack or similar container.
- Review your homeowner’s insurance policy for adequate coverage (such as flood and wind storm damage), actual cash value or replacement cost and waiting period for any new coverage to take effect.

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