Disaster Supplies and Preparedness

Disasters can happen. It’s not if, but when. Be prepared.

Volusia County Emergency Management
49 Keiton Drive, Daytona Beach, FL 32124
(386) 258-4088, 736-5980, 423-3395 TDD (386) 248-1792
www.volusia.org/emergency

Emergency contact telephone numbers

Family contact:
Name: ___________________________ day phone: ___________________________ evening: ___________________________
Name: ___________________________ day phone: ___________________________ evening: ___________________________

Nearest relative:
Name: ___________________________ day phone: ___________________________ evening: ___________________________

Local contact:
Name: ___________________________ day phone: ___________________________ evening: ___________________________

Out-of-state:
Name: ___________________________ day phone: ___________________________ evening: ___________________________

Police: ___________________________ Fire: ___________________________ Hospital: ___________________________
other: ___________________________

Family physicians:
Name/telephone number: ___________________________
Name/telephone number: ___________________________

Volusia County Citizen’s Information Center (CIC)
Hotline: Toll Free (866) 345-0345 or (386) 254-4658, 736-5902, 423-3358
Votran (transportation): (386) 322-5100, 943-7050, 424-6810
Animal Services: (386) 740-5241, 248-1790 or 423-3369

Note: Call the CIC Hotline only during a disaster event.
Disaster supplies

At a minimum, have a 3-7 day supply of water, non-perishable food, medication, and other necessary items per person and per pet. To calculate the amount of water and food, remember:

- 1-2 gallons of potable water per day per person
- store water for non-potable uses in clean tubs or other suitable containers
- 3 meals per day per person
- ½-1 gallon of water per day per pet

Below are suggested food items. Selections should be based on family needs and preferences. When possible, choose low-salt, water-packed varieties.

**Food Items**
- canned vegetables
- canned fruits
- canned meats
- canned soups
- bottled, canned, or powdered drinks
- infant food and formula
- cereal
- peanut butter, jelly
- bread
- crackers, cookies
- granola bars
- graham crackers
- sugar

**Personal Items**
- Medications
- children's vitamins
- diapers
- extra baby bottles
- wet wipes
- sanitary napkins
- toothbrush/toothpaste
- denture care
- soap
- razor
- shaving cream
- comb
- sewing kit
- assorted safety pins
- extra hearing aid batteries
- liquid hand soap
- toilet paper
- paper towels
- change of clothing
- extra eyeglasses
- saline solution and contact lens case
- cash bills, change
- aspirin/acetaminophen
- anti-diarrhea medicine
- ipecac syrup and activated charcoal (for accidental poison)
- thermometer
- rubbing alcohol
- peroxide
- ointment for cuts/insect bites
- compresses
- rolls of gauze/bandages
- first aid tape
- assorted adhesive bandages
- scissors
- tweezers
- two pairs of latex gloves
- water purification tablets
- insect repellent
- sun screen
- cotton balls
- Q-tips

**Other necessary items**
- waterproof, portable plastic container (with lid) for important papers
- camera with batteries and film or video tape
- portable AM/FM radio with batteries
- NOAA weather radio with an alarm feature and batteries
- flashlight with batteries
- battery-powered lighting and extra batteries
- manual can opener
- disposable dishware/utensils
- napkins or paper towels
- large plastic food bags
- plastic wrap
- aluminum foil
- ice chest
- non-electric clock
- chlorinated bleach
- utility knife
- plastic sheeting
- heavy work gloves
- masking tape
- pliers
- hammer
- screwdriver
- vise grips
- nails
- screws
- plywood
- bungee cords
- duct masks
- plastic safety goggles
- crowbar
- all purpose cleaner/disinfectant
- bucket
- mop
- broom
- whistle
- ABC fire extinguisher
- Fix-a-Flat for punctured tires
- sleeping bags or blankets
- light-weight portable folding cots
- pillows
- towels
- wash cloths
- time occupiers such as books, magazines, games, cards
- map or atlas
**Disaster supply checklist**

This disaster supplies checklist will help you prepare for disasters before they happen. Your family may assemble an emergency kit in small steps over a six-month period. Check off the items as you gather them. Remember to rotate your supplies and water every six months or according to expiration dates.

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<th>Supply items needed</th>
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**Specific items per month**

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Remember your pet’s food, water, medications
Preparedness things to consider

- Make a family plan and practice hurricane, tornado and fire drills at home.
- Arrange for a relative, friend or neighbor to help your children if you are at work.
- Make a plan to check on a neighbor who might need help in an emergency.
- Have maps outlined for primary and alternate routes to travel during an evacuation.
- Notify friends, family or caregivers when you are leaving and where you will be.
- Know where County shelters are (as a last resort) and Votran telephone numbers in case you need public transportation.
- Take a first aid/CPR class.
- Make a plan for your pet(s). Board them with family, friends or a kennel if they cannot evacuate with you.
- Make sure your pet has current rabies tag, license, identification tag, vaccination information and medications.
- Take your pet’s carrier, collar and leash, food and water bowls, bedding and play toys.
- Join your neighborhood safety organization.
- Find out about your workplace and child’s day care disaster plan.
- Establish a contact person out of the affected area to call in case of emergency.
- Take pictures/video inside and outside of your home for insurance purposes. Store the pictures/video and important papers in a container in a safe place.
- Check your home for hazards.
- Install and/or test your smoke detectors.
- Brace shelves and cabinets.
- Tie water heater to wall studs using plumber’s tape.
- Purchase an emergency escape ladder for second story bedrooms.
- Take your family on a field trip to the gas and/or water meter shut offs, and attach a wrench near them.
- Go on a hunt with your family to find a pay phone near your home.
- Prepare a “go-pack” in case of an evacuation. Place important papers, change of clothes coins for pay phone, contact information, medications, etc. in a back pack or similar container.
- Review your homeowner’s insurance policy for adequate coverage (such as flood and wind storm damage) actual cash value or replacement cost and waiting period for any new coverage to take effect.