ADVANCED JUNIOR LIFEGUARD PROGRAM

The Junior Lifeguards are the First Responders of the future! This new program will be open to 13–15-year-old campers who show proficient water skills and have the desire to become ocean lifeguards. Our Advanced Junior Lifeguards will receive an introduction to lifeguard training. They will learn advanced first aid, CPR for the professional rescuer, beach lifeguard operations, advanced rescue techniques, and much more! Our former “Beach Scouts” will now transition into this new training program. Community service hours will still be awarded to those who participate in this program. This program will coincide with the regular camps and will be run each week.

COMPETITION CAMP (JULY 10-14)
Ponce Inlet Lighthouse Point Park
5000 S. Atlantic Ave., Ponce Inlet

The Volusia County Junior Lifeguard Program sends a group of Junior Lifeguards to the USLA Southeast Regional Junior Lifeguard Competition each year. This camp is designed to train these campers for that competition. Our Lifeguard Competition Team Members will instruct these campers in the art of Surf Lifesaving Competition. Swimming, paddleboarding, running, and beach flags will become second nature by the end of this training camp. The regional competition will be held in Delray Beach, FL, Saturday, July 22.

SCAN FOR REGISTRATION INFORMATION

Please note, in order to be refunded, any cancellation requests will need to be submitted to the Junior Coordinator at jrlifeguard@volusia.org at least one week prior to the camp start date.

The Volusia County School Board is not affiliated with this program in any manner, nor does it endorse or assume responsibility for any activities that may occur in connection with them.
ABOUT THE PROGRAM
Volusia County’s Junior Lifeguard Program was created in 1990 to introduce youth to ocean swimming, lifesaving techniques and beach ecology. The program promotes team work, discipline, commitment, sportsmanship, and respect for the environment and other team members.

Junior Lifeguards will get plenty of exercise, participating in daily swimming, running, paddling and surfing drills. Additionally, they will receive instruction, participate in hands-on lifesaving training, and be exposed to a variety of beach-related subjects including surf hazards, marine science, environmental hazards, marine life and beach conservation.

This is not a “learn to swim” program. Swimming skills are a must!

Eligibility: Ages 9 to 15

Requirements:
- Swim 100 yards in 2 minutes, 15 seconds
- Tread water for 5 minutes
- Swim underwater for 10 feet

Returning juniors
Returning juniors do not have to take the physical test. All registration will be completed online at volusia.org/beach.

- New Juniors must pass tryouts before registering online.

Register online at volusia.org/beach

TRYOUTS
Saturday, Feb. 18
Ormond Beach YMCA, 9 a.m. to 1 p.m.

Saturday, Feb. 25
Port Orange YMCA, 9 a.m. to 1 p.m.

Saturday, March 4
Ormond Beach YMCA, 9 a.m. to 1 p.m.

Saturday, March 11
Port Orange YMCA, 9 a.m. to 1 a.m.

Uniform pickup
All campers must be registered prior to picking up gear. Additionally, new Juniors must pass water skills tests.

Junior Lifeguard staff will be available at:

Beach Headquarters
515 S Atlantic Ave, Daytona Beach

For uniform/gear distribution:
- In May, Monday - Thursday, 11 a.m. - 1 p.m.
- Saturday, May 6, 10 a.m. - 3 p.m.
- Saturday, May 13, 10 a.m. - 3 p.m.
- Saturday, May 20, 10 a.m. - 3 p.m.
- Saturday, May 27, 10 a.m. - 3 p.m.

CAMP DATES
Junior Lifeguard camps are held Monday through Friday. Parent drop-off is at 8 a.m. and parent pick-up is at 2 p.m.

Each child is required to check in and out each day with staff.

Week 1 (June 12-16)
Ormond Beach Lifeguard Station
301 Cardinal Drive, Ormond Beach

Week 2 (June 19-23)
Flagler Avenue Beachfront Park
201 Buenos Aires Street, New Smyrna Beach

Week 3 (June 26-30)
Winter Haven Beachfront Park
4589 S. Atlantic Ave., Ponce Inlet

Week 4 (July 10-14) Competition Camp
Lighthouse Point Park
5000 S. Atlantic Ave., Ponce Inlet

Week 5 (July 17-21)
Ormond Beach Lifeguard Station
301 Cardinal Drive, Ormond Beach

Week 6 (July 24-28)
Flagler Avenue Beachfront Park
201 Buenos Aires Street, New Smyrna Beach

Week 7 (July 31 – Aug. 4)
Ormond Beach Lifeguard Station
301 Cardinal Drive, Ormond Beach